## **Knowledge Category 5: emotion and stress**

Keep your "presentations" to between 2-3 minutes (in most cases) and 5 min max (this should be rare)

## **Generalized anxiety disorder**

Physiological symptoms

Brain mechanisms and neurotransmitters implicated

Pharmacological treatments

## Panic attacks

Physiological symptoms

Brain mechanisms and neurotransmitters implicated

Differentiation from medical causes

Pharmacological treatments

## **PTSD**

Physiological symptoms

Brain mechanisms and neurotransmitters implicated

Pharmacological treatments