



Mix & Match

Grading Rubric

PART A 50 points

Definition of stressor 1: not adequate, good, great (3 points)

Definition of stressor 2: not adequate, good, great (3 points)

Definitions of each R: not adequate, adequate (2 points ea., 10 points total)

Explanation of an empirical way to measure stress (2 points)

Detailed plan for each of the 10 experiences (3 points ea., 30 points total)

Well written: free of typos, grammatical errors, flows well (2 points)

PART B 80 points

For each experience (6 points, 60 points total)

Brief summary of the experience: not adequate, adequate (2 points)

Identified changes to the empirical measurement of stress: Y, N (2 points)

Described opinion of how it worked with justification (2 points)

Table of plan for 5 future stressors (3 points ea., 15 points total)

Table was well formatted and easy to understand (1 point)

Final reflection of project based on effort (4 points)

Minimal good very good OMG!!!

Total possible points: 130